

# Is spinal cord stimulation right for you?

*Take this information to a discussion with your healthcare provider.*

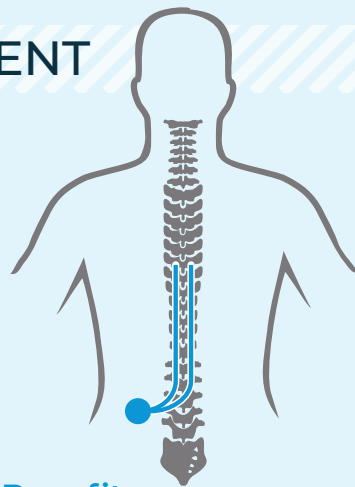
## Do you suffer from diabetic neuropathy?

- > Do your feet burn at night?
- > Do you feel like you are walking on nails?
- > Do you feel like ants are stinging your feet?

If you answer **yes** to any of these questions, you may be suffering from diabetic neuropathy. Diabetic neuropathy is a serious and painful condition that can lead to diminished quality of life, heart problems, hospitalization and even amputation. Only 1 in 3 patients find adequate pain relief with medication.

## A NEW TREATMENT

**Spinal cord stimulation** is FDA approved for the treatment of diabetic neuropathy. This small implanted device blocks pain signals from reaching the brain, allowing you to sleep soundly and enjoy daily life with far less pain.



### Spinal Cord Stimulation Benefits

- > Reduces pain by 50–80%
- > Provides long-lasting results
- > Reduces hospitalizations by 50%
- > Allows patients to trial the system before implantation

## FOR PROVIDERS:

If your patient has not responded to medical treatment for diabetic neuropathy, spinal cord stimulation may be appropriate.

### Patient Inclusion Criteria

- Painful neuropathy diagnosis with symptoms  $\geq 6$  months
- Refractory to medical treatment with gabapentin or pregabalin, and at least 1 other class of analgesic
- Lower limb pain intensity of 5 or more on a visual analogue scale (out of 10)

### Patient Exclusion Criteria:

- Hemoglobin A1c greater than 10%
- BMI greater than 45
- Daily opioid use greater than 120 mg morphine equivalents
- Upper limb pain intensity of 3 or more on a visual analogue scale (out of 10)

## REFERRAL INFORMATION

At Neurosurgery One, we have seen great success for the treatment of PPN with high-frequency SCS. We carefully screen patients for optimal selection for SCS trials, with 80-90% of our patients experiencing satisfactory pain reduction and choosing implantation.

### To refer a patient:

- > Call **720.638.7500**
- > Submit online referral at **neurosurgeryone.com/providers**
- > Refer through AdventHealth or Common Spirit EPIC.



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